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 Company Registration Number:11930098

Deep South Beef Stew Mix

Product Code - KKCSBS

Product Description – A stew mix with beef stock, dried rice, split peas, lentils, barley & macaroni.

Packaging - A certified home compostable 'NatureFlex' tube made from trees from sustainable forests. Label, GREEN cable tie and GREEN string

Servings per pack – 4

Minimum Weight of pack – 330g

Shelf Life – 3-12 months

Method - Brown 250g minced beef, drain excess fat and add packet mix to pan with 1500ml of cold water and a 400ml can of chopped tomatoes. Bring to boil, reduce the heat and then simmer for 1hr 15 mins stirring regularly.

Ingredients - Dried Rice, Dried Yellow and Green Split Peas, Dried Brown Lentils, Dried Barley (contains **gluten**), Dried Macaroni (contains **gluten**) (Durum Wheat Semolina), Beef Stock Powder (4%) (sugar, salt, yeast extract, natural flavouring, maltodextrin, dried beef), sunflower oil), Vegetable Bouillon (Salt, Modified Maize Starch, Rapeseed Oil, Sugar, Tomato Powder, Natural Flavouring, Yeast Extract, Salt, Acidity Regulator (Citric Acid)), Spinach Powder, Onion Powder, Spice Extract, Nutmeg, Acidity Regulator- (Citric Acid)), Dried Garlic, Dried Onion, Tomato Powder, Flavouring (Contains **Celery**), Pepper.

Nutritional Values per 100g uncooked, including a tin of chopped tomatoes (does not include the minced beef)

Energy 530kj / 125kcal, **Fat** <1g of which saturates <0.1g, **Carbohydrates** 21g of which sugars 3g, **Fibre** 6g, **Protein** 7g, **Salt** 2g

*Reference Intake of an average adult 400kj/2000kcal

Ingredients key-

😊 = confirmed by supplier
 c = certified by supplier

Allergens - Identifies whether the ingredient contains any of the 14 known allergens.

Key-

GF – Gluten-Free V – Vegan
 K - Kosher H - Halal

Ingredient	Allergens	GF	V	K	H
Dried Rice	-	😊	😊		
Dried Yellow Split Peas	-	😊 😊	😊 😊	😊	😊 😊c
Dried Green Split Peas	-	😊	😊	😊	😊
Dried Brown lentils	-	😊	😊		
Dried Barley	Gluten		😊		
Dried Macaroni	Wheat	-	😊	-	-
Beef Stock Powder	-	😊			
Dried Garlic	-	😊	😊	😊	-
Dried Onion	-	😊	😊		
Tomato Powder	-	😊	😊	😊	
Flavouring	Celery				
Vegetable Bouillon	-	😊	😊	😊	😊

Doc Ref No and name	Prepared by and for	Authorised by	Issue date	Issue no
KKCSBS – Deep South Beef Stew Mix - Technical Information	Karen Turner for KKC	AT	APR 23	V1
Reason for amendment				

SUPER SIMPLE

Stew

By
KANDY KITCHEN CREATIONS

Just add a can of chopped tomatoes, minced beef and water

SERVES **4**

Deep South Beef Stew Mix

A stew mix with beef stock, dried rice, split peas, lentils, barley and macaroni.

Ingredients: Dried Rice, Dried Yellow and Green Split Peas, Dried Brown Lentils, Dried **Barley** (contains **gluten**), Dried Macaroni (contains **gluten**) (Durum **Wheat** Semolina), Beef Stock Powder (4%) (sugar, salt, yeast extract, natural flavouring, maltodextrin, dried beef), sunflower oil), Vegetable Bouillon (Salt, Modified Maize Starch, Rapeseed Oil, Sugar, Tomato Powder, Natural Flavouring, Yeast Extract, Salt, Acidity Regulator (Citric Acid)), Spinach Powder, Onion Powder, Spice Extract, Nutmeg, Acidity Regulator (Citric Acid)), Dried Garlic, Dried Onion, Tomato Powder, Flavouring (Contains **Celery**), Pepper.

Min weight: 330g

Allergens: in bold.

Packaging: Home compostable plant-based tube.

Method: Brown 250g minced beef, drain excess fat and add packet mix to pan with 1500ml of cold water and a 400ml can of chopped tomatoes. Bring to boil, reduce the heat and then simmer for 1hr 15 mins stirring regularly. Suitable for slow cooker with other meat cuts. Add more water as required during cooking.

Handmade by Kandy Kitchen Creations Ltd
Unit 3C Moss Mill, Rochdale, OL16 5LB.
Co Reg No. 11930098.



Typical nutritional values for 100g. (Values include a tin of chopped tomatoes. Does not include values for minced beef)

Energy	kj	530
	kcal	125
Fat		<1g
of which saturates		0.1g
Carbohydrate		21g
of which sugars		3g
Fibre		6g
Protein		7g
Salt		2g

*Reference Intake of an average adult 8400kj/2000kcal



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KKCDSBS – Deep South Beef Stew Mix - Technical Information	Karen Turner for KKC	AT	APR 23	V1
Reason for amendment				